

Nutrition Facts for Egg White, Roasted Pepper & Spinach Wrap

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Serving size: 1 Portion	Total Fat 4.5g	5%	Total Carb. 32g
Saturated Fat 1.5g		8%	Fiber 4g	18%
<i>Trans Fat</i> 0g			Total Sugars 2g	
Cholesterol 0mg		0%	Incl. 0g Added Sugars	0%
Sodium 590mg		24%	Protein 12g	
Calories per serving	220	Vitamin D 0% · Calcium 8% · Iron 10% · Potassium 8%		

Ingredients

Wrap (enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vegetable shortening (interesterified soybean oil, hydrogenated soybean oil and/or palm oil), and contains 2% or less of: salt, leavening (sodium bicarbonate, sodium aluminum sulfate, corn starch, monocalcium phosphate and/or sodium acid pyrophosphate, calcium sulfate), preservatives (calcium propionate, sorbic acid and/or citric acid), distilled monoglycerides, wheat starch, amylase, tricalcium phosphate, cellulose gum, dough conditioners (fumaric acid, sodium metabisulfite and/or mono- and diglycerides).), Egg White, Red Bell Peppers, Spinach

Contains

EGGS, WHEAT

Characteristics

Vegetarian · Dairy Free · Corn Free · Tree Nut Free · Peanut Free