

Nutrition Facts for Omelette, Mushroom & Leek

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 8g		11%	Total Carb. 3g
Saturated Fat 2g		10%	Fiber less than 1g	2%
<i>Trans Fat</i> 0g			Total Sugars less than 1g	
Cholesterol 210mg		70%	Incl. 0g Added Sugars	0%
Sodium 860mg		34%	Protein 8g	
Vitamin D 25% · Calcium 4% · Iron 8% · Potassium 4%				

Serving size: 1 Portion

Calories per serving **120**

Ingredients

Liquid Egg, Mushrooms Crimini, Leeks, Blend Oil 80/20, Kosher Salt - Fine, Black Pepper

Contains

EGGS

Characteristics

Vegetarian · Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free