Globally Inspired November Specials

CHOICE OF 2 OR 3 PROTEINS, 1 GRAIN/STARCH, AND 2 VEGETABLES

MONDAY

2 Paella

PROTEIN:
- Grilled Saffron Chicken
- Saffron Shrimp
- Lemon Pepper Grilled Tofu
- Slow Roasted Pork

GRAINS/STARCHES:
- Plain Saffron Rice
- Mushroom Paella

VEGETABLES:
- Roasted Zucchini
- Roasted Calabrian Broccoli
- Patatas Bravas
- Green Beans and Carrots

SIDES:
- Fire Roasted Peppers
- Roasted Garlic Aioli
- Brava Sauce

9 Dominican

PROTEIN:
- Chicken & Wasakaka
- Coconut Mahi Mahi
- Bistec Encebollado (Steak)
- Berenjena Guisada (Eggplant)

GRAINS/STARCHES:
- Moro de Guandules (Pigeon Rice)
- Yuca Fries

VEGETABLES:
- Ensalada Rusa
- Ensalada de Molondrones (Okra)
- Sweet Fried Plantains
- Tostones

SIDES:
- Dominican Style Polenta
- Wasakaka Sauce

16 Russian

PROTEIN:
- Beef Stroganoff
- Chicken Tabaka
- Pork Shashlik
- Stuffed Eggplant

GRAINS/STARCHES:
- Potato and Cheddar Pierogi
- Rice Carrot Pilaf

VEGETABLES:
- Olivieh (Russian Salad)
- Pickled Vegetables
- Mushroom Julienne
- Blackened Carrots

SIDES:
- Caramelized Onions
- Sour Cream

23 Southwest

PROTEIN:
- Chipotle Orange Chicken Thighs
- Southwest Sauteed Shrimp
- Black Bean Patty
- Pork Al Pastor

GRAINS/STARCHES:
- Roasted Chipotle Potatoes
- Tex-Mex Rice

VEGETABLES:
- Blackened Broccoli
- Southern Succotash
- Cowboy Caviar
- Pinto Bean Stew

SIDES:
- Macaroni Salad
- Chipotle Lime Dressing

TUESDAY

3 Piemonte Harvest

PROTEIN:
- Brasato Style Beef
- Sage & Mushroom Roasted Chicken
- White Wine Garlic Shrimp
- Lentil & Mushroom Spezzatino

GRAINS/STARCHES:
- Roasted Garlic Herb Potatoes
- Autumn Barley Pilaf

VEGETABLES:
- Balsamic Roasted Carrots
- Garlic-Roastssed Cabbage and Onions
- Sage-Roasted Butternut Squash
- Italian Green Beans with Tomato and Garlic

SIDES:
- Rosemary Focaccia
- Rustic Mushroom Jus

10 Moroccan

PROTEIN:
- Slow Braised Beef
- Harissa and Lemon Roasted Chicken
- Chermoula Roasted Salmon
- Spiced Chickpeas & Roasted Squash

GRAINS/STARCHES:
- Lemon-Herb Rice Pilaf
- Roasted Sweet Potato Mash

VEGETABLES:
- Cumin-Roasted Carrots
- Charred Zucchini with Chermoula Herbs
- Roasted Cauliflower
- Tomato-Braised Green Beans

SIDES:
- Cucumber & Tomato Salad
- Roasted Red Pepper Harissa Sauce

17 Creole

PROTEIN:
- Chicken & Andoullie Gumbo
- Shrimp Creole
- Eggplant & Tofu Ettouffe
- Cajun Chicken Quarters

GRAINS/STARCHES:
- Holy Trinity Rice
- Buttered Grits

VEGETABLES:
- Collard Greens
- Maque Choux
- Stewed Okra
- Steamed Broccoli

SIDES:
- Cajun Hush Puppies
- Creole Mayo

24 Autumn Harvest

PROTEIN:
- Apple-Butter BBQ Chicken
- Chimichurri Roasted Salmon
- Mustard Glazed Pork Loin
- Maple-Chili Crispy Tofu

GRAINS/STARCHES:
- Harvest Wild Rice
- Roasted Sweet Potato & Garlic Mash

VEGETABLES:
- Fire-Roasted Rainbow Carrots
- Brown-Butter and Sage Butternut Squash
- Blistered Green Beans with Crispy Shallots
- Roasted Brussel Sprouts

SIDES:
- Cornbread
- Smoky Cider Sauce

WEDNESDAY

4 Mexican

PROTEIN:
- Chicken Tinga
- Sauteed Shirmp
- Vegan Chili
- Pork al Pastor

GRAINS/STARCHES:
- Roasted Chipotle Potatoes
- Tex-Mex Style Rice

VEGETABLES:
- Cauliflower al Pastor
- Chili-Lime Roasted Corn
- Vegetable Fajita
- Pinto Bean Stew

SIDES:
- Corn Tortillas
- Lime Crema

11 Indian

PROTEIN:
- Butter Chicken
- Shrimp Curry
- Palak Paneer
- Aloo Keema

GRAINS/STARCHES:
- Bombay Aloo
- Basmati Rice

VEGETABLES:
- Chana Masala
- Red Lentil Dal
- Spice Roasted Root Vegetables
- Masala Gobhi

SIDES:
- Naan Bread
- Tomato Chutey

18 Greek

PROTEIN:
- Keftedes (Meatballs)
- Lemon & Dill Salmon
- Brizola (Pork Chops)
- Chicken Souvlaki

GRAINS/STARCHES:
- Orzo Risotto
- Lemon Potatoes

VEGETABLES:
- Greek Salad
- Greek Style Green Beans
- Fire Roasted Plum Tomatoes
- Gigantes Plaki

SIDES:
- Spanakopita
- Tzatziki
- Red Wine Vinaigrette

25 Meatballs

PROTEIN:
- Beef & Cheese Meatballs
- Chicken Meatballs
- Impossible Meatballs

GRAINS/STARCHES:
- Spaghetti
- Gluten Free Spaghetti
- Baguette
- Gluten Free Baguette

VEGETABLES:
- Shredded Lettuce
- Sliced Tomatoes
- Hot Sliced Banana Peppers
- Chopped Basil

CHEESE/SAUCES:
- Parmesan, Mozzarella, Provolone, Vegan Mozzarella
- Marinara, Vodka, and Alfredo Sauces

THURSDAY

5 Bavarian Autumn

PROTEIN:
- Honey Mustard Roasted Chicken
- Glazed Pork Loin
- Bavarian Style Sausage & Peppers
- Crispy Mushroom Schnitzel

GRAINS/STARCHES:
- German Herb Butter Potatoes
- Mushroom Spaetzle

VEGETABLES:
- Sweet and Sour Braised Red Cabbage
- Garlic Herb Roasted Carrots
- Roasted Green Beans and Mushrooms
- Mustard Roasted Brussels Sprouts

SIDES:
- Pretzel Bites
- Creamy Mustard Sauce

12 Balkan

PROTEIN:
- Paprika-Braised Beef with Roasted Peppers
- Lemon-Dill Roasted Chicken
- Lemon Paprika Shrimp
- Eggplant & Lentil Stew

GRAINS/STARCHES:
- Tomato Pepper Rice
- Herbed Buckwheat Pilaf

VEGETABLES:
- Braised Red Cabbage
- Roasted Cauliflower
- Tomato-Braised Green Beans
- Dill-Roasted Beets with Cider Vinegar

SIDES:
- Potato Salad
- Ajvar-Style Roasted Red Pepper Sauce

19 Northern Italian

PROTEIN:
- Herb-Roasted Chicken
- Roasted Pork
- Lemon-Sage Roasted Salmon
- Wild Mushroom & White Bean Ragu

GRAINS/STARCHES:
- Butternut Squash Orecchietti
- Creamy Parmesan Polenta

VEGETABLES:
- Garlic-Rosemary Root Vegetables
- Braised Red Cabbage with Apple
- Balsamic Roasted Brussels Sprouts
- Wild Mushroom Sauce

SIDES:
- Sage Brown Butter
- Roasted Garlic & Rosemary Jus

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Closed for Thanksgiving

FRIDAY

6 Banh Mi

PROTEIN:
- Ginger Soy Grilled Chicken
- Crispy Pork Belly
- Grilled Lemongrass Tofu
- Lemongrass Shrimp

GRAINS/STARCHES:
- French Baguette
- Gluten Free Baguette
- Chahan Fried Rice

VEGETABLES:
- Garlic Chili Green Beans
- Glass Noodle Salad
- Vietnamese Style Coleslaw
- Sesame Ginger Roasted Broccoli

SIDES:
- Tater Tots
- Banh Mi Mayo
- Nuoc Cham

13 Peruvian

PROTEIN:
- Aji de Pollo
- Quinoa Stew
- Fish Escabeche
- Lomo Saltado (Sauteed Beef)

GRAINS/STARCHES:
- Fried Rice Chaufa
- Huancaina Potatoes

VEGETABLES:
- Stir Fried Asparagus
- Corn Asado with Queso Fresco
- Yuca Frita
- Roasted Sweet Potato

SIDES:
- Patacones (Fried Plantains)
- Huancaina sauce

20 Food Fair

PROTEIN:
- Chimichurri Steak
- Korean Chicken Wings
- Breaded Flounder
- Veggie Skewers

GRAINS/STARCHES:
- Mac & Cheese
- Fried Rice

VEGETABLES:
- Honey Roasted Brussels Sprouts
- Patatas Bravas
- Roasted Calabrian Broccoli
- Savory Edamame Salad

SIDES:
- Garlic Aioli
- Garlic Bread Sticks
- Brava Sauce
- Korean BBQ Sauce

27 Korean Bibimbap

PROTEIN:
- Gochujang Chicken
- Korean BBQ Shrimp
- Grilled Sesame Tofu
- Sweet Chili Gochujang Pork

GRAINS/STARCHES:
- Korean Glass Noodles
- Cilantro Rice

VEGETABLES:
- Roasted Eggplant Banchan
- Cheesy Korean Corn
- Stir Fried Zucchini
- Garlic Bok Choy

SIDES:
- Kimchi
- Miso Dressing