

Nutrition Facts for Frittata, Mushroom & Leek

| Nutrition Facts | Amount/serving | | Amount/serving | |
|--------------------------------|--|------------|-----------------------|-----------|
| | | % DV | | % DV |
| Serving size: 1 Portion | Total Fat 12g | 15% | Total Carb. 4g | 1% |
| | Saturated Fat 6g | 30% | Fiber less than 1g | 2% |
| | <i>Trans Fat</i> 0g | | Total Sugars 2g | |
| Calories per serving | Cholesterol 210mg | 70% | Incl. 0g Added Sugars | 0% |
| | Sodium 1110mg | 44% | Protein 11g | |
| 170 | Vitamin D 25% · Calcium 15% · Iron 8% · Potassium 4% | | | |

Ingredients

Liquid Egg, Feta Cheese, Mushrooms Crimini, Leeks, Kosher Salt - Fine, Blend Oil 80/20, Black Pepper

Contains

MILK, EGGS

Characteristics

Vegetarian · Gluten Free · Corn Free · Tree Nut Free · Peanut Free