

Nutrition Facts for Quinoa Sushi Roll

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 11g		14%	Total Carb. 53g
	Saturated Fat 1.5g	8%	Fiber 8g	33%
	<i>Trans</i> Fat 0g		Total Sugars less than 1g	
Serving size: 1 Portion	Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
Calories per serving	Sodium 20mg	1%	Protein 10g	
340	Vitamin D 0% · Calcium 6% · Iron 20% · Potassium 15%			

Ingredients

Avocados, Quinoa, Cucumber, Rice - White, Mint, Beet Garnish (beets, raw.), Rice Wine Vinegar, Nori

Characteristics

Vegan · Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free