

Nutrition Facts for Seoul Bowl

Nutrition Facts		Amount/serving	% DV	Amount/serving	% DV
		Serving size:	1 Portion	Total Fat 12g	15%
		Saturated Fat 1g	6%	Fiber 5g	20%
		<i>Trans</i> Fat 0g		Total Sugars 3g	
		Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
Calories per serving	160	Sodium 1990mg	80%	Protein 4g	
Vitamin D 0% · Calcium 8% · Iron 15% · Potassium 15%					

Ingredients

Cauliflower, Kimchi (cabbage, kimchi.), Mushrooms Shitake, Spinach, Carrots, Zucchini, Blend Oil 80/20, Red Onions, Black Pepper, Kosher Salt, Sesame Seeds

Contains

FISH, SESAME SEEDS

Characteristics

Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free