

Nutrition Facts for Falafel & Hummus Wrap

Nutrition Facts	Amount/serving		Amount/serving	
		% DV		% DV
Serving size: 1 Portion	Total Fat 32g	40%	Total Carb. 73g	24%
	Saturated Fat 6g	31%	Fiber 11g	44%
	<i>Trans Fat</i> 0g		Total Sugars 1g	
	Cholesterol 0mg	0%	Incl. less than 1g Added Sugars	1%
Calories per serving	640	Sodium 1250mg	50%	Protein 16g
Vitamin D 0% · Calcium 20% · Iron 25% · Potassium 8%				

Ingredients

Wrap (Gluten Free) (enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vegetable shortening (interesterified soybean oil, hydrogenated soybean oil and/or palm oil), and contains 2% or less of: salt, leavening (sodium bicarbonate, sodium aluminum sulfate, corn starch, monocalcium phosphate and/or sodium acid pyrophosphate, calcium sulfate), preservatives (calcium propionate, sorbic acid and/or citric acid), distilled monoglycerides, wheat starch, amylase, tricalcium phosphate, cellulose gum, dough conditioners (fumaric acid, sodium metabisulfite and/or mono- and diglycerides).), Falafel (salt, table, iodized; spices, coriander leaf, dried; spices, cumin seed; spices, pepper, red or cayenne; leavening agents, baking powder, double-acting, sodium aluminum sulfate; parsley, fresh; onions, cooked, boiled, drained, without salt; wheat flour, white, all-purpose, enriched, bleached; garlic, raw; chickpeas (garbanzo beans, bengal gram), mature seeds, raw; vegetable oil, nfs.), Hummus (oil, olive, salad or cooking; seeds, sesame butter, tahini, from roasted and toasted kernels (most common type); beverages, water, tap, drinking; salt, table, iodized; garlic, raw; chickpeas (garbanzo beans, bengal gram), mature seeds, cooked, boiled, without salt; lemon juice, raw.), Romaine Lettuce, Tomatoes, Red Wine Vinegar, White Sugar, Beets, Red Onions, Bay Leaves - Dry

Contains

WHEAT

Characteristics

Vegan · Dairy Free · Corn Free · Tree Nut Free · Peanut Free