

Nutrition Facts for Marinated Beet & Broccoli Sandwich on Ciabatta

Nutrition Facts		Amount/serving	% DV	Amount/serving	% DV
		Total Fat 15g	18%	Total Carb. 65g	22%
Serving size: 1 Portion		Saturated Fat 5g	24%	Fiber 7g	29%
		<i>Trans Fat</i> 0g		Total Sugars 5g	
Calories per serving		Cholesterol 25mg	9%	Incl. 0g Added Sugars	0%
		Sodium 9550mg	382%	Protein 18g	
440		Vitamin D 0% · Calcium 15% · Iron 10% · Potassium 15%			

Ingredients

Ciabatta (flour (wheat flour, malted barley flour), water, contains less than 2% of each of the following: sea salt and dried yeast.), Broccoli, Ricotta, Red Onions, Beets, Kosher Salt, Black Pepper, Blend Oil 80/20, Meyer Lemons, Parsley, Crushed Red Pepper Flakes, Lemon Juice

Contains

MILK

Characteristics

Vegetarian · Gluten Free · Corn Free · Tree Nut Free · Peanut Free