

Nutrition Facts for Winter Crunch Salad

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 21g		26%	Total Carb. 30g
	Saturated Fat 3g	15%	Fiber 9g	37%
	<i>Trans</i> Fat 0g		Total Sugars 14g	
Serving size: 1 Portion	Cholesterol 5mg	2%	Incl. 5g Added Sugars	10%
	Sodium 190mg	8%	Protein 9g	
Calories per serving	320			
	Vitamin D 0% · Calcium 10% · Iron 20% · Potassium 25%			

Ingredients

Brussels Sprouts, Beets, Kale, Carrots, Mayonnaise, Sunflower Seeds, Blueberries, Honey, Apple Cider Vinegar, Greek Yogurt, Poppy Seeds, Onion Powder, White Pepper

Contains

MILK, EGGS

Characteristics

Vegetarian · Gluten Free · Corn Free · Tree Nut Free · Peanut Free