

Nutrition Facts for Hardboiled Eggs & Spinach Pot

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 10g		12%	Total Carb. less than 1g
	Saturated Fat 3g	16%	Fiber 0g	1%
	<i>Trans</i> Fat 0g		Total Sugars 0g	
Serving size: 1 Portion	Cholesterol 370mg	124%	Incl. 0g Added Sugars	0%
Calories per serving	Sodium 150mg	6%	Protein 13g	
140	Vitamin D 10% · Calcium 4% · Iron 10% · Potassium 4%			

Ingredients

Eggs (Hardboiled), Spinach

Contains

EGGS

Characteristics

Vegetarian · Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free