

# Nutrition Facts for Southwest Salad

<b>Nutrition Facts</b>	Amount/serving	% DV	Amount/serving	% DV
	<b>Total Fat</b> 10g		<b>13%</b>	<b>Total Carb.</b> 25g
	Saturated Fat 1.5g	<b>7%</b>	Fiber 10g	<b>41%</b>
	<i>Trans</i> Fat 0g		Total Sugars 7g	
Serving size: 1 Portion	<b>Cholesterol</b> 0mg	<b>0%</b>	Incl. 2g Added Sugars	<b>4%</b>
	<b>Sodium</b> 870mg	<b>35%</b>	<b>Protein</b> 5g	
<b>Calories</b> per serving	<b>200</b>			
	Vitamin D 0% · Calcium 6% · Iron 15% · Potassium 20%			

## Ingredients

Romaine Lettuce, Avocados, Black Beans, Tomatoes, Corn, Oranges, Limes, Cabbage - Red, Yellow Onions, Red Wine Vinegar, Jalapeno Peppers, Chipotle Peppers in Adobo, Cilantro, Honey, Kosher Salt, Shallots - Peeled, Blend Oil 80/20, Black Pepper, Cumin Ground, Coriander Ground

## Characteristics

Vegan · Gluten Free · Dairy Free · Tree Nut Free · Peanut Free