

Nutrition Facts for Zesty Sweet Potato Bowl

| Nutrition Facts | Amount/serving | % DV | Amount/serving | % DV |
|--------------------------------|---|----------------------|-----------------------|-------------------------|
| | Serving size: 1 Portion | Total Fat 20g | 25% | Total Carb. 170g |
| Saturated Fat 11g | | 53% | Fiber 34g | 136% |
| <i>Trans</i> Fat 0g | | | Total Sugars 4g | |
| Cholesterol 55mg | | 19% | Incl. 0g Added Sugars | 0% |
| Calories per serving | Sodium 840mg | 34% | Protein 33g | |
| | Vitamin D 0% · Calcium 45% · Iron 35% · Potassium 20% | | | |

Ingredients

Barley, Cotija, Sweet Potatoes, Limes, Kale, Chili Powder, Sesame Seeds, Parsley

Contains

MILK, CEREALS CONTAINING GLUTEN, SESAME SEEDS

Characteristics

Vegetarian · Corn Free · Tree Nut Free · Peanut Free