

Nutrition Facts for Vanilla Yogurt Parfait with Vanilla & Orange

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Serving size: 1 Portion	Total Fat 47g	59%	Total Carb. 36g
Saturated Fat 30g		150%	Fiber 9g	35%
<i>Trans Fat</i> 0g			Total Sugars 20g	
Cholesterol 0mg		0%	Incl. 13g Added Sugars	26%
Sodium 350mg		14%	Protein 9g	
Calories per serving	570	Vitamin D 0% · Calcium 15% · Iron 40% · Potassium 15%		

Ingredients

Coconut Milk, Mandarin Orange Segments, Chia Seeds, Walnuts, Honey, Agave Syrup, Kosher Salt, Vanilla Extract, Cinnamon Ground

Contains

COCONUT, WALNUTS

Characteristics

Vegan · Gluten Free · Dairy Free · Corn Free · Peanut Free