

Nutrition Facts for Berry Overnight Oats

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 5g		6%	Total Carb. 78g
	Saturated Fat 0.5g	4%	Fiber 8g	33%
	<i>Trans</i> Fat 0g		Total Sugars 13g	
Serving size: 1 Portion	Cholesterol 0mg	0%	Incl. 4g Added Sugars	8%
	Sodium 45mg	2%	Protein 10g	
Calories per serving	390			
	Vitamin D 0% · Calcium 4% · Iron 15% · Potassium 8%			

Ingredients

Oat Milk, Rolled Oats, Raspberry Jam (jams and preserves.), Strawberries, Blueberries, Agave Syrup, Cinnamon Ground, Vanilla Extract

Characteristics

Vegan · Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free