

Nutrition Facts for PB&J Overnight Oats

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 20g		24%	Total Carb. 81g
	Saturated Fat 3.5g	18%	Fiber 9g	36%
	<i>Trans</i> Fat 0g		Total Sugars 13g	
Serving size: 1 Portion	Cholesterol 0mg	0%	Incl. 4g Added Sugars	8%
	Sodium 170mg	7%	Protein 16g	
Calories per serving	550 Vitamin D 0% · Calcium 4% · Iron 20% · Potassium 10%			

Ingredients

Oat Milk, Rolled Oats, Peanut Butter, Jelly (jellies.), Agave Syrup, Cinnamon Ground, Vanilla Extract

Contains

PEANUTS

Characteristics

Vegan · Gluten Free · Dairy Free · Corn Free · Tree Nut Free