

Nutrition Facts for Ham & Cheddar Pot

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 27g		34%	Total Carb. 3g
	Saturated Fat 14g	68%	Fiber 0g	2%
	<i>Trans</i> Fat 0.5g		Total Sugars 1g	
Serving size: 1 Portion	Cholesterol 275mg	91%	Incl. 0g Added Sugars	0%
	Sodium 1120mg	45%	Protein 31g	
Calories per serving	380 Vitamin D 10% · Calcium 35% · Iron 10% · Potassium 10%			

Ingredients

Ham, Cheddar Cheese, Eggs (Hardboiled), Spinach

Contains

MILK, EGGS

Characteristics

Gluten Free · Corn Free · Tree Nut Free · Peanut Free · Contains Pork