

Nutrition Facts for Plain Bagel & Salmon Cream Cheese

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Serving size: 1 Portion	Total Fat 23g	29%	Total Carb. 57g
Saturated Fat 12g		62%	Fiber 2g	8%
<i>Trans Fat</i> 0g			Total Sugars 3g	
Cholesterol 70mg		23%	Incl. 0g Added Sugars	0%
Calories per serving	530		Protein 25g	
	Vitamin D 0% · Calcium 15% · Iron 25% · Potassium 8%			

Ingredients

Bagel (bagels, plain, enriched, with calcium propionate (includes onion, poppy, sesame).), Smoked Salmon (fish, salmon, chinook, smoked.), Cream Cheese, Red Onions, Capers

Contains

MILK

Characteristics

Vegetarian · Gluten Free · Corn Free · Tree Nut Free · Peanut Free