

Nutrition Facts for Mixed Vegetables Wrap

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 4.5g		6%	Total Carb. 44g
	Saturated Fat 0.5g	3%	Fiber 5g	18%
	<i>Trans</i> Fat 0g		Total Sugars 7g	
Serving size: 1 Portion	Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
Calories per serving	Sodium 270mg	11%	Protein 9g	
240	Vitamin D 0% · Calcium 6% · Iron 20% · Potassium 15%			

Ingredients

Lavash (organic wheat flour, water, organic yeast, salt.), Arugula, Eggplant, Tomatoes Sun-Dried, Hummus (oil, olive, salad or cooking; seeds, sesame butter, tahini, from roasted and toasted kernels (most common type); beverages, water, tap, drinking; salt, table, iodized; garlic, raw; chickpeas (garbanzo beans, bengal gram), mature seeds, cooked, boiled, without salt; lemon juice, raw.), Lemon Juice, Olives Kalamata (olives, ripe, canned (small-extra large).)

Characteristics

Vegan · Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free