

Nutrition Facts for Roasted Eggplant, Tomato & Hummus Wrap

Nutrition Facts		Amount/serving	% DV	Amount/serving	% DV
		Total Fat 5g			7%
		Saturated Fat 0.5g	3%	Fiber 6g	22%
		<i>Trans Fat</i> 0g		Total Sugars 7g	
Serving size: 1 Portion		Cholesterol 0mg	0%	Incl. 0g Added Sugars 0%	
Calories per serving		Sodium 420mg	17%	Protein 15g	
400		Vitamin D 0% · Calcium 6% · Iron 30% · Potassium 15%			

Ingredients

Lavash (organic wheat flour, water, organic yeast, salt.), Arugula, Eggplant, Tomatoes (Roasted in Pouch), Hummus (oil, olive, salad or cooking; seeds, sesame butter, tahini, from roasted and toasted kernels (most common type); beverages, water, tap, drinking; salt, table, iodized; garlic, raw; chickpeas (garbanzo beans, bengal gram), mature seeds, cooked, boiled, without salt; lemon juice, raw.), Lemon Juice, Olives Kalamata (olives, ripe, canned (small-extra large).)

Characteristics

Vegan · Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free