

Nutrition Facts for Peanut Butter & Jelly Sandwich

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 31g		39%	Total Carb. 80g
	Saturated Fat 6g	32%	Fiber 7g	29%
	<i>Trans</i> Fat 0g		Total Sugars 9g	
Serving size: 1 Portion	Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
Calories per serving	Sodium 550mg	22%	Protein 21g	
650	Vitamin D 0% · Calcium 10% · Iron 15% · Potassium 15%			

Ingredients

Wheat Bread, Jelly (jellies.), Peanut Butter

Contains

WHEAT, PEANUTS, CEREALS CONTAINING GLUTEN

Characteristics

Vegan · Dairy Free · Corn Free · Tree Nut Free