

Nutrition Facts for Tuna Salad Sandwich on a Kaiser Roll

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Serving size: 1 Portion	Total Fat 22g	28%	Total Carb. 55g
Saturated Fat 3g		15%	Fiber 3g	10%
<i>Trans Fat</i> 0g			Total Sugars less than 1g	
Cholesterol 15mg		6%	Incl. 0g Added Sugars	0%
Calories per serving	520		Protein 25g	
	Vitamin D 20% · Calcium 10% · Iron 25% · Potassium 8%			

Ingredients

Kaiser Roll (enriched wheat flour [flour, malted barley flour, reduced iron, niacin, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid], water, yeast, sugar, vegetable oil (soybean), salt, calcium propionate (preservative), monoglycerides, grain vinegar, datem, citric acid, wheat gluten, potassium iodate, soy lecithin.), Tuna Fish in Can, Spring Mix (lettuce, green leaf, raw; lettuce, iceberg (includes crisphead types), raw.), Mayonnaise, Celery, Red Bell Peppers, Yellow Onions, Kosher Salt, Parsley, White Pepper, Black Pepper

Contains

EGGS, TUNA, CELERY

Characteristics

Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free