

Nutrition Facts for Chicken Salad Sandwich on a Kaiser Roll

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Serving size: 1 Portion	Total Fat 19g	24%	Total Carb. 54g
Saturated Fat 2.5g		12%	Fiber 2g	10%
<i>Trans</i> Fat 0g			Total Sugars 0g	
Cholesterol 60mg		20%	Incl. 0g Added Sugars	0%
Calories per serving	490		Protein 25g	
	Vitamin D 0% · Calcium 10% · Iron 20% · Potassium 10%			

Ingredients

Kaiser Roll (enriched wheat flour [flour, malted barley flour, reduced iron, niacin, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid], water, yeast, sugar, vegetable oil (soybean), salt, calcium propionate (preservative), monoglycerides, grain vinegar, datem, citric acid, wheat gluten, potassium iodate, soy lecithin.), Chicken Breast Boneless Skinless, Romaine Lettuce, Mayonnaise, Celery, Kosher Salt, Old Bay (celery salt (salt, celery seed), spices (including red pepper and black pepper), and paprika.), Black Pepper

Contains

EGGS, CELERY

Characteristics

Gluten Free · Dairy Free · Corn Free · Tree Nut Free · Peanut Free